



## **Academic Plan**

### **Class - Pre School**

**Janakpuri  
New Delhi-110058**

**Phone : 011-25599860, 45694306**

**E-mail : [davpsjp58@gmail.com](mailto:davpsjp58@gmail.com)**

**Website : [www.slsuridavpsjp.com](http://www.slsuridavpsjp.com)**

## **PRE SCHOOL**

S L SURI DAV JP Nursery Wing follows Early Education Development Programme (EEDP) which aims for all round development of the children. Its goal is high academic standards while promoting a spirit of inquisitiveness and fostering a scientific attitude in the children. This activity based curriculum is planned to help each child enjoy schooling, learning through play way method so as to meet his/her potential which is an important part in the early childhood education. This curriculum has been prepared with wide range of activities to assist learning while doing

This plan will inculcate in students the habit of regular work and develop confidence and thoroughness which is essential in the accomplishment of the real aims and objectives of education imparted in the school.

### **A WORD TO THE PARENT**

Parents play a significant role in the education of their child. When they devote time and attention to their wards, the child can achieve more and enjoy the school atmosphere.

- To get the best from the school for your child, do check the almanac and all notebooks daily.
- You are advised to speak simple sentences in English
- Always follow the phonetic sounds in reading

### **LANGUAGE DEVELOPMENT**

- There are four major skills that a child must have in order to communicate-

- \* Listening
- \* Speaking
- \* Reading
- \* Writing

The main goal of language art for children is to enable them to communicate with other people. Songs, games and stories will help them to learn a language.

## **UNIT-I**

### **ORAL**

1. Understands basic conversation in Hindi:

- \* Warm up games
- \* Roll call
- \* Story telling
- \* Games and songs

2. Follow instructions in words and sentences:

Listening to action songs

Simon says —> Touch your hair, touch your knees.

Responds to music by — clapping, marching.

Rolly polly clap your hands.

3. Recognises sounds in environment

Soft and loud —> Meditation, Listen to the sound

Recognizes various sounds in environment and from C.D.

4. Recognition of various phonetic sounds (Fun with English)

a to d

e to j

Sound stories a to j (Fun with English)

5. Listens attentively
  - a. Sound stories from Fun with English
  - b. Riddles and puzzles
  - c. Singing rhymes with actions
6. Uses simple greetings and courtesies
  - a. Use of greetings- Good morning, Good afternoon and Hello
  - b. Use of courtesies — Please, Sorry, Thank you
7. Recites rhymes and songs a.
  - a. Speaks personal news
  - b. Speaks dialogues for dramatization of story
8. Picks up new words in English and uses them while speaking
9. Sight reading of :
  - (a) class room objects by picture —chair, table, fan, window, display
  - (b) primary and secondary colours
  - (c) transport, things we use in summers, fruits and vegetables by flash cards
10. Vocabulary Building - Boy-Girl, Start-Stop, Stand-Sit Sentences -
  - \* My name is\_\_\_\_\_
  - \* I am\_\_\_\_\_years old.
  - \* I study in S.L.S. DAV Public School
  - \* I come to school by bus / van
  - \* I study in\_\_\_\_\_
  - \* My class teacher is\_\_\_\_\_
  - \* My mother's name is Mrs.\_\_\_\_\_

- \* My father's name is Mr.
- \* May I go to wash-room?
- \* May I drink water?
- \* Please open my water-bottle / lunch box.

**11. Discussion on**

Rakhi, Janmashtami and Independence day

**12. Story - Lion and the Mouse**

**WRITTEN**

Co-ordinates eye hand movement :-

- a. Threading of beads
- b. Lacing
- c. Colouring
- d. Tracing around an object
- e. Mashes clay
- f. Writing in air, sand, paper
- g. Pattern writing
- h. Writing of alphabets a to j ( unstructured )

Related activities Draw pictures, Matching with initial sound.

**UNIT-11 44.**

**ORAL**

**1. Follows instructions in simple sentences-**

Games and songs

Story Telling

Listening to action songs

Following action words Riddles

Roily Polly

2. Recognises sounds of animals and birds from the environment and from the C D
3. Identifies phonetic sounds from
  - k to t, a to t
  - Sound stories a to t (Fun with English)
4. Listens attentively
  - a. Sound stories from Fun with English.
  - b. Riddles and puzzles
  - d. Singing rhymes with actions
5. Use of appropriate greetings
  - Thank you
  - Please
  - Wishing good morning, good afternoon and good bye
6. Shows interest in reading material
7. Sight reading of class room objects, four basic shapes, Parts of a plant, animals, birds (by flash cards)
8. Vocabulary building —
  - \* I am playing.
  - \* I am writing.
  - \* I am dancing.
  - \* I am jumping.
  - \* My favourite colour is
  - \* This is my bag.
  - \* This is my bottle.
  - \* This is my box.

9. Discussion on Teachers Day, Gandhi Jayanti, Dushhera, Diwali and Guru purab, Children day.
10. Story—Fox and the grapes

### **WRITTEN**

1. Various activities—clay, lacing, copying, pictures.
2. Copying pattern
  - a. Straight and sleeping lines
  - b. Curves
3. Traces objects
4. Forms letters of alphabets  
a to t  
related activities- matching, drawing pictures related to initial sounds.

### **UNIT-III** **ORAL**

1. Follows instructions in simple sentences
2. Listens to stories in English and Hindi
3. Games and songs
4. Stories from Fun with English and Akshar parichay
5. Uses appropriate greetings and courtesies - May I, excuse me.
6. Story Narration
7. Expresses self in English
8. Speaks with correct pronunciation
9. Recites rhymes
10. Reads own name
11. Shows interest in printed material
12. Picture reading

13. Sight reading of object from nature. Sun, moon, flowers, leaves, wrapper  
things we use in winter season  
Things in the sky  
Our helpers
14. Vocabulary building-
  - \* Where is your pencil / eraser / **book**
  - \* Where are you going?
  - \* May I drink water?
  - \* May I eat?
  - \* May I take my bag?
  - \* My favourite cartoon is
15. Discussion on Christmas, New Year; Republic Day, Basant Panchmi and Holi
16. Story\_ The Hare and the Tortoise
17. Sound stories\_from Akshar parichay  
Recognizes letters of alphabets A-Z  
Initial sound in words, a-z
18. Revision of sound stories, a-z (Fun with English)

### **WRITTEN**

1. Prints letters of alphabets. a to z and A to Z.(related activities).
2. Copies own name
3. Traces over uneven shapes and objects
4. Join dots to make figure.

### **"COGNITIVE DEVELOPMENT**

Cognitive development refers to all the process that takes place in Childs brain. Children are provided wide range of



opportunities to practice, thinking, problem solving, classifying, imagining, experimenting etc every day.

### **UNIT I**

1. Identifies three primary colour-(red, yellow, blue)
  - a. matches objects with colours
  - b. differentiate objects with colours
2. Identifies two secondary colours(green and orange)
  - a. matches objects with colours
  - b. differentiate objects with colours
3. Simple comparisons
  - a. big and small
  - b. tall and short
4. Pre number concepts
  - a. sorting
  - b. matching
  - c. pairing
  - d. what is missing
  - e. sequencing
  - f. classification —( Fun with maths )
5. Counts 1 to 9

### **UNIT II**

1. Identifies and differentiates between four basic shapes:
  - a. name the shapes
  - b. matches the shapes with objects
2. Makes comparisons-
  - a. fat and thin
  - b. more and less

8 P.S.

3. Matches, sorts and pairs as per colours, shape and size (Fun with maths)

What is the shape of bangle / napkin / sandwich?

4. Counting- 1 to 10
5. Identifies relationship in number (1-5)
  - a. counts up to 5 objects
  - b. collects up to 5 object
  - c. matching 1 to 5
6. Recognizes numbers 1 to 5
7. Prints numbers 1 to 5 Counts by rote 1 to 10
2. Identifies relations in number (0 to 9) Fun with Maths Matching, count and write, draw objects
3. Prints numerals 0-9
4. Operates mentally 0-9
5. Concept of zero

## **ENVIRONMENTAL CONCPETS**

Environmental concepts should always be set up in such a way that the child should use his sense of curiosity to learn new things.

### **UNIT I**

1. **My self**

What is your name?

Are you a boy or a girl?

In which class do you read?

What is the name of your school?

Who is your class teacher?

## **2. Senses**

- a. Taste and tell
- b. hear and tell ( loud / soft )
- c. smell and tell
- d. see and tell
- e. touch / feel and tell

## **3. Water**

- a. Uses of water
- b. What is the colour of water?
- c. What is the shape of water?

## **4. Means of transport**

- a. Air ways, road ways, water ways
- b. Simple road safety rules

## **5. Fruits and vegetables (food)**

Name fruits and vegetables

## **6. Summer season**

- a. What kind of clothes do we wear in summer season?
- b. What fruits and vegetables we eat in summer season?
- c. What drinks we drink during summers?
- d. Gadgets used in summers? (A C, coolers, fans)

## **Questions**

1. Which fruit / vegetable you like the most?
2. Name the vegetables that we eat raw.
3. Name the vegetable we cook and eat?
4. Name the colours of the 'National flag'.
5. What is the colour of apple / tomato / water melon?

6. What is the colour of banana / lemon / Sun?
7. Who drives the bus?
8. Where does the ship sail?
9. Where do you see an aeroplane?
7. **Rainy Season**— Things we use in rainy season - rain coat, umbrella, gumboots, peacock, frog.

## UNIT.II

1. **Animals**— Different types of animals domestic and wild.

Where do wild animals live?

- b. Name some wild animals (monkey, lion, giraffe etc.)
- c. Name some domestic wild animals (cow, horse, **dog**, cat, goat, etc.)

2. **Birds**

- a. Name some common birds ( sparrow, parrot, pigeon, peacock etc)
- b. Where do birds live?
- c. What do birds eat? (grains / flesh.)
- d. Special features of birds.(beak, feathers)

3. **Plants**

- a. Germination of a seed.
- b. Parts of a plant.
- c. Name the things which help the plant to grow.

## UNIT-III

### WINTER SEASON

- a. Type of clothes we wear in winter season - We wear woollen clothes (cap, jacket, sweater, coat, gloves, muffler etc.)
- b. Things we use in winter season. (We use heater, geyser, blower.)

- c. Things we eat in winter season. We eat nuts, gajar halwa and drink soup, tea, coffee, and hot milk .

### **Things we see in the sky**

- a. What do we see during the day time?
- b. What do we see during the night time?

### **Our helpers**

- a. Who teaches you in school?
  - b. Whom do you go to when you fall sick?
  - C. Who catches thieves?
  - d. Who cleans your school and road?
  - e. Who mends your shoes?
1. Who brings letters for you?
- g. Who drives the bus?
  - h. Who cuts your hair?
  - i. Who makes furniture?
  - j. Who guards your school?
  - k. Who looks after your garden? I. Who stitches your clothes?

### **Children will be encouraged to answer the following questions.**

- 1. Who is the President of India?
  - 2. Where does the President of India take salute on. Republic day?
  - 3. Name the national bird?
  - 4. Name the national animal?
  - 5. Name different days of the week?
- 12 P.S.

6. What is your address?
7. What is your telephone number?

## **PHYSICAL DEVELOPMENT**

The main goal here is to help the growth and development of child's body. It also helps in development of skills and coordination when moving their bodies. It also provide activities for using different muscles and learning new experiences. It also helps the child to learn basic methods of health care and personal hygiene.

### **UNIT.1**

1. Performs simple exercises.
2. Hops and jumps.
3. Walks on a line.
4. Kicks and throws a ball.
5. Aerobics
6. Train ride.
7. Free play.
8. Visit to park.
9. Pool activity.

### **UNIT.II**

1. Throws a ball at a particular target.
2. Jumps in and out of a drawn figure.
3. Uses slides, swings, climbers etc.
4. Performs rhythmic exercises.
5. Train ride.
6. Visit to park.

### **UNIT III**

1. Sits with correct posture.
2. Participates in simple races and obstacle race.
3. Participates actively in various games.
4. Train ride.
5. Visit to park.
6. Musical chairs.

### **CREATIVE AND EXPRESSIVE ARTN-7**

Creative and expressive art includes drawing and painting, music, dance, and drama. These activities develop creativity and imagination encourages self expression, develops, coordination, enjoyment and appreciation.

### **MUSIC, DANCE & DRAMA**

#### **UNIT-I**

1. Participates actively in singing rhymes and songs.
2. Enjoys dancing to music.
3. Reciting Gayatri mantra, Shanti Path
4. National anthem
5. Song hum Sab Bhartiya Hain
6. D.A.V. anthem
7. Thank you God for the world so sweet

#### **UNIT.II**

1. Participates actively in singing rhymes and songs
2. Follows rhythm while dancing.
3. Participates in dramatization.
4. Gayatri Mantra, Shanti Path,

5. National anthem
6. Hum Sab Bhartiya hain....
7. D.A.V. anthem
8. Thank you God for the world so sweet

### **UNIT.III**

1. Sings simple songs and rhymes.
2. Participates in musical activities.
3. Co-ordinates movements with rhymes.
4. Acts out the allotted role.
5. Acts imaginatively.
6. Acts according to a situation.
7. Role play.
8. National anthem.
9. Gayatri Mantra, Shanti Path,
10. D.A.V. anthem
11. Thank you God for the world so sweet

### **ART & CRAFT**

#### **UNIT-I**

1. Shows interest in
  - a. art activities
  - b. craft activities
  - c. clay modelling
2. Work confidently with
  - a. crayon (fun with colours)
  - b. water colours, brushes



- c. body parts like finger, palm
- d. prints with vegetables
- 3. Draws simple objects on his own
  - a. copies objects from board
  - b. draws according to theme
- 4. Creates objects with
  - a. clay
  - b. sand

## **UNIT.II**

- 1. Uses drawing and painting tools
  - a. works with crayons ( fun with colours )
  - b. works with brush
  - c. prints ( leaf, sponge )
- 2. Draws real objects
  - a. water bottle / crayon box
  - b. according to theme
- 3. Uses imagination to create something with
  - a. clay
  - b. related to themes

## **UNIT.III**

- 1. Draws on a given theme
  - a. As per current theme
  - b. draws from real life (ducks in a pond, garden scene)
- 2. Use imagination to create with clay.
- 3. Uses imagination and creativity while drawing
  - a. free hand drawing
  - b. making a composition